Connexions

Empowering families for a brighter tomorrow

Our Connexions Team offers a single point of access in South Ayrshire for young people looking for support with their own alcohol or drug use and whole family support for anyone affected by someone else's alcohol and drug use.

What do we offer?

A range of support and activities based on your needs and aspirations including:

- Individual and group work activities and support.
- Social and fun family activities.
- Peer based support (from individuals who have had similar experiences).
- Interactive information and advice on drugs and alcohol, keeping yourself and friends safe and where to go for help.
- Support to access specialist services and wider community support.
- Support at a time, and in a place, suitable for you.
- Opportunities to help us develop our activities and support.

Is Connexions for me?

We can offer support for you if you are:

- A family member affected by someone else's alcohol or drug use.
- A child or young person affected by someone else's alcohol or drug use.
- A young person up to the age of 26yrs affected by your own alcohol or drug use.

How do I access support?

You can contact us directly via the email or telephone number below or ask your support worker to make the referral for you.

connexions@barnardos.org.uk

01292 773162

What happens next?

When we receive your referral one of our team will be in touch with you by phone to arrange a suitable time and place to meet to discuss the support you would like to offer and how we can work together.

The ConneXions Team is a collaborative model between

adp South Ayrshire Alcohol & Drug Partnership · Believe in children Barnardo's · we are with you · ayrshire council on alcohol · Recovery Air · south ayrshire health & social care partnership