

## MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

South Ayrshire

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is the ADP Chair.

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: [Medication Assisted Treatment standards: access, choice, support](#) published in May 2021.

This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

The governance arrangements for local oversight of the implementation of the MAT Standards Improvement Plan will be through quarterly reports to the South Ayrshire:

- Alcohol and Drug Partnership (ADP).
- Integration Joint Board.
- Community Planning Partnership.
- ADP lived experience STEAR Subgroup.

This Plan has been signed off on behalf of the delivery partners by:

- ADP Chair
- Chief Executive, South Ayrshire Council
- Chief Executive, NHS Ayrshire & Arran
- Chief Officer, South Ayrshire Health & Social Care Partnership
- Joint Chair, ADP STEAR Sub Group
- Chief Executive, Voluntary Action South Ayrshire - Third Sector Interface

<b>Implement further test of change for MAT standards 2, 3 and 8 in justice settings across Ayrshire and Arran and share learning.</b>	
<b>Actions/deliverables to implement standard 2, 3 and 8</b>	<b>Timescales to complete</b>
Conduct a mapping of the MAT standards in Ayrshire and Arran justice settings (that link prison, police custody and the community) to identify current areas of good practice and improvement actions.	31 December 2022
Await the outcome and learning from national developments taking place across HMP Perth and local developments with the East Ayrshire ADP in relation to police custody in order to improve MAT delivery in justice settings across Ayrshire & Arran.	31 December 2022
Implement tests of change across justice settings with a particular focus on MAT standards 2, 3 and 8 and share learning	28 <sup>th</sup> February 2023
Leads for justice settings engage with their local IM&T and data systems leads and Julie Wales (MAT data lead) to put in place numerical processes to report on MAT delivery in justice settings to MIST	28 <sup>th</sup> February 2023
Leads for justice settings engage with the ADP Experiential Leads to put in place processes to report on MAT experience in justice settings to MIST	28 <sup>th</sup> February 2023

<b>MAT Standard 1</b>	<b>All people accessing services have the option to start MAT from the same day of presentation.</b>	This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.
April 2022 RAG status: <b>Amber</b>		
<b>Actions/deliverables to implement standard 1</b>		<b>Timescales to complete</b>
Continue to scale up the medication access clinics to 5 days per week across South Ayrshire (currently 4 days across South Ayrshire).		31 <sup>st</sup> March 2023
Develop and implement a 'Workforce and Retention Plan' with focus on awareness raising and training regarding MAT delivery.		31 <sup>st</sup> March 2023
Continue to review and update the Standard Operating Procedure (SOP) for MAT (which will describe 'treatment pathways').		31 <sup>st</sup> March 2023
Embed experiential data collection processes for individuals, families and staff involved in the delivery of MAT.		31 <sup>st</sup> December 2022

<b>MAT Standard 2</b>	<b>All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.</b>	People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.
April 2022 RAG status: <b>Green</b>		
<b>Actions/deliverables to implement standard 2</b>		<b>Timescales to complete</b>
Scale up the provision of long-acting injectable buprenorphine to all clients receiving MAT who wish it.		31 <sup>st</sup> March 2023
Review and finalise the prescribing clinical guidelines that enable practitioners, including non-medical prescribers, to safely initiate same day prescribing as clinically appropriate.		31 <sup>st</sup> March 2023

<b>MAT Standard 3</b>	<b>All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.</b>	If a person is thought to be at high risk because of their drug use, then workers from substance use services will contact the person and offer support including MAT.
April 2022 RAG status: <b>Green</b>		
<b>Actions/deliverables to implement standard 3</b>		<b>Timescales to complete</b>
Further develop and embed South Ayrshire Near-Fatal Overdose pathway to ensure all people at high risk of drug related harm are proactively identified, rapidly followed-up and offered intensive support, including support to commence or continue MAT.		31 <sup>st</sup> March 2023
Finalise business plan for One Stop Shop Hub and Spoke model and secure funding to deliver model.		31 <sup>st</sup> March 2023
Final outreach vehicle specification and model and operationalise across South Ayrshire.		31 <sup>st</sup> March 2023

<p><b>MAT Standard 4</b></p>	<p><b>All people are offered evidence-based harm reduction at the point of MAT delivery.</b></p>	<p>While a person is in treatment and prescribed medication, they are still able to access harm reduction services – for example, needles and syringes, BBV testing, injecting risk assessments, wound care and naloxone.</p> <p>They would be able to receive these from a range of providers including their treatment service, and this would not affect their treatment or prescription.</p>
<p>April 2022 RAG status: <b>Green</b></p>		
<p><b>Actions/deliverables to implement standard 4</b></p>		<p><b>Timescales to complete</b></p>
<p>Further develop (where possible) the full range of harm reduction interventions into every service user contact location within the community.</p>		<p>31<sup>st</sup> March 2023</p>
<p>Expand training and support in assessing injection related wounds and complications to appropriate ROSC partners.</p>		<p>31<sup>st</sup> March 2023</p>
<p>Embed harm reduction services and supports in new One Stop Shop Hub and Spoke model (including outreach vehicle).</p>		<p>31<sup>st</sup> March 2023</p>

<p><b>MAT Standard 5</b></p>	<p><b>All people will receive support to remain in treatment for as long as requested.</b></p>	<p>A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be no unplanned discharges. When people do wish to leave treatment, they can discuss this with the service, and the service will provide support to ensure people leave treatment safely.</p> <p>Treatment services value the treatment they provide to all the people who are in their care. People will be supported to stay in treatment especially at times when things are difficult for them.</p>
<p>April 2022 RAG status: <b>Green</b></p>		
<p><b>Actions/deliverables to implement standard 5</b></p>		<p><b>Timescales to complete</b></p>
<p>Review discharge processes and duration in service following completion of MAT, including gathering additional experiential feedback to inform the review.</p>		<p>31<sup>st</sup> March 2023</p>
<p>Review and strengthen pathways to recovery-based services and supports, including the recovery community and peer-led support, for individuals accessing MAT.</p>		<p>31<sup>st</sup> March 2023</p>
<p>Review and update the current Pan Ayrshire ‘Promoting Engagement in Addiction Services’ Standard Operating Procedure to reflect the MAT standards.</p>		<p>31<sup>st</sup> December 2022</p>
<p>Referral pathway between START to Connect4Change to be embedded to provide additional intensive support for people to stay in treatment during challenging times e.g., during key transition times, when beginning to disengage from treatment or when experiencing a near fatal overdose.</p>		<p>31<sup>st</sup> December 2022</p>

<p><b>MAT Standard 6</b></p>	<p><b>The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.</b></p>	<p>This standard focuses on the key role that positive relationships and social connection have to play in people's recovery. Services recognise that for many people, substances have been used as a way to cope with difficult emotions and issues from the past. Services will aim to support people to develop positive relationships and new ways of coping as these are just as important as having the right medication.</p>
<p>April 2022 RAG status: <b>Amber</b></p>		
<p><b>Actions/deliverables to implement standard 6</b></p>		<p><b>Timescales to complete</b></p>
<p>Undertake Service Based Evaluation Project (SBEP) to measure pan-Ayrshire statutory Addiction Services against Standard 6.3a to inform evaluation / measurement of this criteria and identify any improvement action required.</p>		<p>December 2022</p>
<p>Develop a Workforce Development Plan for services within the ROSC model which includes in line with the NES Transforming Psychological Trauma Knowledge and Skills Framework and LPASS report.</p>		<p>31<sup>st</sup> March 2024</p>
<p>Roll out training and workshops to services within the ROSC model to support psychologically informed service delivery (e.g., supporting bereaved individuals; supervision; psychological formulation).</p>		<p>31<sup>st</sup> March 2024</p>
<p>Support wider ROSC services to develop and embed reflective practice sessions within their organisations.</p>		<p>31<sup>st</sup> March 2024</p>
<p>Embed trauma awareness training and psychologically informed training as part of organisations induction processes and volunteer development programmes.</p>		<p>31<sup>st</sup> March 2024</p>
<p>Support the development of policies and procedures that support the translation of skills acquired through training into practice across ROSC services.</p>		<p>31<sup>st</sup> March 2024</p>



<b>MAT Standard 7</b>	<b>All people have the option of MAT shared with Primary Care.</b>	People who choose to will be able to receive medication or support through primary care providers. These may include GPs and community pharmacy. Care provided would depend on the GP or community pharmacist as well as the specialist treatment service.
April 2022 RAG status: <b>Red</b>		
<b>Actions/deliverables to implement standard 7</b>		<b>Timescales to complete</b>
Expand and enhance the primary care (GP and Pharmacist) element of the current Ayrshire and Arran (A&A) wide Opiate Replacement Therapy (ORT) prescribing and support model (shared with specialist treatment services) in order to meet MAT standard 7.		To be fully implemented by 31st March 2024
Identify the additional funding required for enhanced Primary Care (GP and Pharmacist) support within the current A&A ORT and enhanced MAT models of delivery and apply for funding via the MIST.		31 <sup>st</sup> October 2022
Once funding is secured – recruit to additional posts and offer enhanced MAT support.		To be fully implemented by 31 <sup>st</sup> March 2024 (dependant on funding being approved)
Develop a national agreement for the delivery of MAT services through community pharmacy establishing the role of the community pharmacy workforce in patients' shared care wider clinical team – to include expansion of existing arrangements around patient treatment response monitoring, communication and information sharing, naloxone holding and supply and harm-reduction interventions.		To be fully implemented by 31 <sup>st</sup> March 2024 (dependant on national acceptance)
Implement pharmacy-based MAT clinics with a model of primary care administration of OST via the community pharmacy network. Engagement of independent contractors to be scoped and funding to be identified for intervention.		To be fully implemented by 31 <sup>st</sup> March 2024 (dependant on funding being approved)
Engage with national thematic groups and reflect on any learning and implement improvement actions, as identified, to enhance and expand our MAT interventions shared with Primary Care		Ongoing
Thereafter, identify other improvement actions over the next 5 years to further enhance delivery of MAT standard 7 by exploring options of supporting training, funding and support to be able to safely deliver MAT interventions across wider primary care settings.		Current to 31 <sup>st</sup> March 2027

<b>MAT Standard 8</b>	<b>All people have access to independent advocacy and support for housing, welfare and income needs.</b>	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.
April 2022 RAG status: <b>Green</b>		
<b>Actions/deliverables to implement standard 8</b>		<b>Timescales to complete</b>
Review and expand rights-based advocacy provision as part of the development of the new ADP Commissioning Plan.		31 <sup>st</sup> March 2024
Develop and roll out human rights-based approach and advocacy awareness training to services involved in the wider ROSC model.		30 <sup>th</sup> September 2023
Alcohol and drug training to be provided to core advocacy provider to ensure awareness of problematic substance use and available treatment and recovery options.		30 <sup>th</sup> September 2023
Embed stigma, rights-based approach and advocacy awareness training as part of organisations induction processes and volunteer development programmes.		31 <sup>st</sup> March 2024
Embed a whole family approach and family inclusive practice across ROSC services in South Ayrshire where services start with the presumption of family involvement.		31 <sup>st</sup> March 2024
Further develop and increase access to support for family members and carers.		31 <sup>st</sup> March 2024

<b>MAT Standard 9</b>	<b>All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.</b>	People have the right to ask for support with mental health problems and to engage in mental health treatment while being supported as part of their drug treatment and care.
April 2022 RAG status: <b>Green</b>		
<b>Actions/deliverables to implement standard 9</b>		<b>Timescales to complete</b>
Review existing protocols and care pathways between mental health and alcohol and drug services and implement improvement actions as required.		31 <sup>st</sup> March 2024

## Appendix 2: South Ayrshire MAT Improvement Plan

<b>MAT Standard 10</b>	<b>All people receive trauma informed care.</b>	The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.
April 2022 RAG status: <b>Amber</b>		The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.
<b>Actions/deliverables to implement standard 10</b>		<b>Timescales to complete</b>
Establish South Ayrshire Trauma Informed Support Steering Group to support implementation of MAT 10.		30 <sup>th</sup> June 2022
Support partners to undertake baseline assessments of trauma-informed practice delivery across ROSC services, identifying and implementing improvement actions.		31 <sup>st</sup> March 2024
Develop and deliver Tier 1/2 Trauma Informed / Skilled practice level training to ROSC partners including MAT admin staff.		31 <sup>st</sup> March 2024
Deliver ongoing programme of Tier 3/Trauma Enhanced practice level Safety & Stabilisation training for appropriate ROSC services.		31 <sup>st</sup> March 2024
Support wider ROSC services to develop and embed reflective practice sessions within their organisations.		31 <sup>st</sup> March 2024
Embed trauma awareness training and psychologically informed training as part of organisations induction processes and volunteer development programmes.		31 <sup>st</sup> March 2024
Support the development of policies and procedures that support the translation of skills acquired through training into practice across ROSC services.		31 <sup>st</sup> March 2024